



Montclair Breast Center MRI
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CORE BIOPSY PREPARATION

PREPARATIONS BEFORE YOUR BREAST BIOPSY

1. In order to decrease the risk of bleeding, certain medications should be avoided seven (7) days prior to your examination. Please inform us before having this examination if you are taking the last seven days, or have taken other medication for pain or arthritis (such as Advil or Naprosyn) in the last seven days.

If you need medication for pain, before or after the biopsy, take acetaminophen(Tylenol), DO NOT take ASPIRIN or NSAIDS*

2. If you are allergic to local anesthetic medication, **please inform** us before having this biopsy procedure.
3. Wear loose fitting clothes (a 2 piece outfit such as pants and a shirt).
4. Wear a brassiere.
5. If sedated, you must have someone available to drive you home.
6. Be prepared to spend about two hours in the office.
7. If you are schedule for MRI core biopsy, nothing to eat or drink two (2) hours before exam.

INSTRUCTIONS AFTER FINE NEEDLE ASPIRATION

After fine needle aspiration, you may take the band aid off that night, and bathe or shower.

INSTRUCTION AFTER CORE BREAST BIOPSY

1. We will put pressure on the biopsy site after the procedure. We will then put on steristrips. You should expect up to a quarter sized blood spot on the steristrip and bruising around the incision, this is normal.
2. Leave the ice pack on the biopsy site inside of your brassiere for an hour. Put the ice pack on for 10 minutes every hour until bedtime as needed. You can stop using the ice packs at bedtime.
3. If you need medication for discomfort, take acetaminophen (Tylenol). **DO NOT TAKE ASPIRIN OR NSAIDS****
4. You may bathe or shower tonight, but do not scrub the biopsy site this may cause the wound to get wet.
5. Watch for excessive bleeding or pain. If either occurs, during the day contact Montclair Breast Center at 973-509-1818 and ask to speak to our Radiologist. In the evening, please call Dr. Lee at 917-514-9789 or Dr. Heller Savoy 954-540-3735
6. 3 days after the biopsy you may remove the steristrips.

BIOPSY RESULTS: Our doctors will inform you of the results of this biopsy the next business day.

** Naproxen (Naprosyn, Aleve), Ibuprofen(advil, Nuprin), or other non steroidal anti-inflammatory drug.