



Montclair Breast Center MRI
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PATIENT INSTRUCTIONS FOR MRI

PROCEDURE: MRI BREAST MRI INSTRUCTIONS:

- Nothing to eat or drink 2 hours before exam. You can have water and you should take your regular medications on the day of testing.
- Do not wear any jewelry other than a wedding band.
- Wear a 2 piece outfit (preferably sweat pants with elastic waistbands).
- If sedated, you must have someone available to drive you home.
- Bring any outside Mammography or MRI films and reports the day of your exam.
- MRI exam needs to be performed between days 5-12 of a menstrual cycle.
- Bring your favorite CD or IPOD to listen to during your scan (a selection of music is available on site to select.) If you prefer not to listen to music, **earplugs are required** and will be provided during the MRI examination
- Do not wear any powder or deodorant in the upper half of your body. Certain deodorants may cause artifacts on our images

SAFETY INSTRUCTIONS: PLEASE INFORM US IF YOU HAVE THE FOLLOWING:

- Pacemaker
- Artificial Heart Valve
- Removable Dental Work
- Hearing Aid
- Implants/Prosthesis
- Aneurysm Clip
- Wig/Hairclip/Bobby Pins
- If you have done any welding, grinding, or cutting of metal.
- If you have any metal in your eyes.
- If you had any allergic reactions to contrast for MRI, CT or XRAY.
- If you have any kidney problems.

Please remove all **metallic objects** before MR examination including: keys, hair pins, barrettes, jewelry, watch, safety pins, paperclips, money clip, credit cards, coins, pens, belt, metal buttons, pocket knife, & clothing with metal in the material.

WE WILL CALL YOU THE DAY BEFORE YOUR EXAM TO CONFIRM YOUR APPOINTMENT.